



Healthy Foods, Healthy Families (HFHF) is a free nutrition education program run by Farm Fresh RI. It's a series of fun family activities held at the farmers market in July and August.

WHO

Any family who receives SNAP or WIC benefits and has at least one child 12 years old or younger is eligible to participate.

WHEN

The program runs from July 2 - September 2 at seven RI farmers markets.

WHY

-  It's fun! (and your family will learn about healthy eating & local food)
-  Enrolled families will receive weekly bonuses.

WHERE TO FIND US

PROVIDENCE

Neutaconkanut Park
Plainfield St
Monday, 3-6p

PROVIDENCE

Downtown
Kennedy Plaza
Tuesday, 3-6p

WOONSOCKET

Thundermist Health Center
450 Clinton St
Tuesday, 3-6p

CENTRAL FALLS

559 Dexter St
Wednesday, 2-5:30p

PROVIDENCE

Armory Park
Parade St & Hudson St
Thursday, 3:30-7p

PROVIDENCE

Broad St
807 Broad St
Saturday, 8-12p

PAWTUCKET

Slater Park
825 Armistice Blvd
(near the tennis courts)
Sunday, 12-3p

Farm Fresh Rhode Island Is an Equal Opportunity Provider

Farm Fresh RI is a nonprofit growing a local food system that values the environment, health and quality of life of farmers and eaters.

Farm Fresh Rhode Island | 1005 Main St #8130 Pawtucket, RI, 02860 | FarmFreshRI.org



FARM FRESH RI
Comidas Sanas, Familias Sanas

Comidas Sanas, Familias Sanas es un programa de nutrición gratis dirigido a través de Farm Fresh RI. Es una serie de actividades divertidas para familias en el mercado de granjeros.

QUIENES CALIFICAN

Cualquier familia que reciba beneficios de SNAP o WIC y tenga un niño/a de 12 años o menos, es elegible para participar.

CUANDO

Este programa estará en siete mercados de granjeros en RI, desde julio 2 hasta septiembre 2.

¿POR QUÉ INSCRIBIRSE?

-  ¡Es divertido! (y su familia aprenderá sobre alimentos locales, y comidas saludables).
-  Familias inscritas recibirán bonos semanales en los mercados de granjeros.

DONDE ENCONTRARNOS

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