



# FARM FRESH RI

## *Farm to Senior Programs*

Contact us to schedule a program today!

### **ONE-TIME COOKING DEMO** **1 HR / \$160\***

Using seasonal produce, sourced from the Northeast region, our skilled staff will demo a delicious meal that you can sample. Take the recipe home and try it for yourself!

### **SIX-WEEK SERIES** **\$870\***

Our six-week series will take you through a weekly journey of local agriculture through cooking demos, sharing food stories, and even BINGO! \*\*  
And of course, you will always enjoy a freshly prepared local food sample.

\*Please do not let the cost deter you from reaching out to us about these options. We are more than happy to work with you to make this an affordable program!

\*\*These activities can also be chosen as one-time, standalone programs for the \$160 fee.

